



ASSP – LA Chapter | April 2025 Newsletter



Event Recap: Trenching and Excavation

In March the LA Chapter of ASSP held a Trenching and Excavation education seminar, hosted by Jesse Ruiz. The event was held at SoCal Gas and featured a live demonstration of installing hydraulic shoring. Jesse reviewed the regulations related to trenching and excavation and common challenges that can come up in the field. Thank you, Jesse, for a great event!

Hazard Awareness: Heat Illness

As summer approaches, it's important to take a review of your workplace's Heat Illness Prevention Program and ensure your site is ready for both indoor and outdoor heat. Last July, Cal-OSHA implemented a new Indoor Heat Illness standard that applies to workplaces where indoor temperatures exceed 82 F°.

Key elements to both indoor and outdoor Heat Illness Prevention Programs include:

- Access to clean and cool water
- Access to cool-down areas (indoors) or shade (outdoors)
- High-heat procedures (outdoors)
- Emergency response procedures, including how to respond to signs and symptoms of heat illness
- Monitoring new employees during acclimatization
- Training for employees

Mentorship and Emerging Professionals Programs

If you would like to be involved with the mentorship program, then please reach out to Jasmine San Nicolas at jsannicolas@uscompliance.com.



Events

Annual Angels Game

Date & Time: May 3rd, 4:30pm

Location: Angels Stadium, Anaheim

Details: Join us for the annual Angels game with the LA, OC, and LB chapters of ASSP!

Registration: \$40, sign up [here](#)

Job Postings

Find job postings in the Safety Professional field on our website [here](#).

MEMBER HIGHLIGHT: Angelica Nava-Gutierrez

Angelica works for a Pharmaceutical Manufacturing company and has been working in EHS for nearly 20 years. Her company processes Human Plasma donations to extract proteins to make life savings therapeutics. Her favorite part of working in EHS is knowing she is helping to ensure workers go home to their families and protecting the planet for future generations.



The Los Angeles Chapter of the ASSP is dedicated to promoting the safety profession through increased public awareness and providing opportunities for networking and professional growth. To become a member or to ask any questions, please contact one of our Chapter officers (<http://la.assp.org/chapter-officers/>). Stay in the know - follow us on LinkedIn [HERE](#). 