



**AMERICAN SOCIETY OF
SAFETY PROFESSIONALS**

Los Angeles Chapter



GOLD LEVEL CHAPTER
2019-2020



GOLD LEVEL CHAPTER
2018-2019



BRONZE LEVEL CHAPTER
2016-2017



SILVER LEVEL CHAPTER
2015-2016



SILVER LEVEL CHAPTER
2014-2015



GOLD LEVEL CHAPTER
2012-2013

THE LOS ANGELES CHAPTER OF ASSP -- NEW YEARS' EDITION:

is dedicated to promoting the safety profession through increased public awareness and providing opportunities for networking and professional growth. To become a member, please contact one of our [Chapter Officers](#).

JANUARY 2021 NEWSLETTER

The Society President's Message, Deb Roy:

[Reap the Value of Your Network](#)

Dec 01, 2020

Deborah R. Roy, M.P.H., R.N., CSP, COHN-S, CIT, FASSP, FAAOHN,
2020-2021 ASSP President

President's Message:

ASSP President Deb Roy shares personal experiences of networking and encourages us to continue to make connections despite changes caused by COVID-19. "Our world is certainly different right now, but we can still realize the value of our network. Connect today and advance your career!"



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The Chapter President's Message, Tim Melvin:

President's Message:

Greeting, Los Angeles Chapter Members, and Happy New Year –

First and foremost, I sincerely hope this message finds you in good health. The pandemic has evolved to a point where many of know someone who has been personally afflicted with COVID-19, and many, if not all of us, are indirectly suffering through the anxiety, anguish, and disruption to our way of life. As safety and health professionals, it can be very difficult “switch off” from our mission to protect those around us – in the workplace, in the home, and in public – often resulting in mental and physical fatigue. ASSP has been providing ongoing guidance and resources to its members throughout this pandemic, [which can be found here](#) – however, please do reach out if we can further support you in any way.

In my brief time with the Chapter, beginning as a volunteer in 2018, we have undergone significant transformation within our leadership team – in fact, 14 board members serving alongside me this year have joined within that time! The new board brings unique perspective, fresh ideas, heaps of energy, and many years of experience. As we pivot to a primarily “virtual” year, we will do our utmost to ensure we deliver an exciting and informational events Program, incorporating “digital networking” opportunities wherever possible. To keep abreast of these events, please keep an eye on our [Chapter website](#) and follow us on [LinkedIn](#), [Twitter](#), and [Facebook](#).

Thank you for the opportunity to lead this remarkable Chapter, thank you for all you do to protect people, and I hope to “see” as many of you as possible throughout the year ahead.



Add Safety to Your Gift List



Your holiday shopping can help ASSP students and emerging professionals this season. [When you shop with Amazon Smile and select "ASSP Foundation,"](#) Amazon will donate 0.5% of eligible purchases to ASSP Foundation, which distributes scholarships and grants to OSH professionals.

**Don't forget to visit the ASSP Store
for Christmas Gifts, Stocking
Stuffers, and Holiday Merch!**

<https://store.assp.org/>



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Greetings to New Members:

We want to take a moment to recognize all our new members -especially during such trying and uncertain times. As a professional membership body, we pledge to connect and create a strong community for peers within this pressing industry. For those who have just joined: welcome, and for those who have extended leadership and service: thank you. For those interested, check out our process below. ASSP chapter communities provide accessible, face-to-face and virtual opportunities for ASSP members to become better safety professionals.

Become A New Member:

General Membership is under \$200 per year!

Students can join for only \$15/year and receive a free year membership upon your graduation!

As an ASSP member, you will elevate your career; gain knowledge, tools, and resources to prevent worker injuries, illnesses and fatalities; help improve your company's performance; and become part of a vibrant community of over 37,000 safety professionals working together for a safer, stronger future.

Complete the Membership application at:
<https://www.assp.org/membership/apply-to-join>



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Members of Long Service:

- Jay W. Preston
- Gloria A. Teper
- Ronald Y. Shintaku
- Steven M. Lemaster
- Fay F. Feeney
- Donald L. Kramer

THANK YOU!

We want to hear from you!

In an effort to continue to provide membership value, the ASSP Los Angeles Chapter would like to learn more about the needs and interests of our members. Please take our 10-minute, 12-question survey, and provide any further comments on how we can continue to improve. Using the feedback from this membership survey, we aim to deliver an exciting and informational events Program of webinars, meetings, and technical talks. We also plan to better understand the demographics of our Chapter, how best to engage with our members, and how we can offer career and networking opportunities.

To participate in the survey, please follow this link:

<https://asspla.survey.fm/membership-outreach-jul-2020>



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Hark, tell all!

We are excited to partner with the [American Industrial Hygiene Association \(AIHA\)](#) and [Shirley Parsons, North America](#) to collect valuable feedback to review and update the [#ABET](#) curricula guidelines for EHS programs. This data will be critical in helping bridge the gap in EHS between the classroom and the worksite.

We are conducting 2 surveys lasting 5-10 minutes each, and you may qualify for both... thank you in advance for your participation!



If you have ever attained a bachelor-level EHS degree, please visit:
<https://lnkd.in/gGg6ZYD>



If you have held responsibility for hiring EHS/IH professionals, please visit:
<https://lnkd.in/gDuEftV>

Diversity Equity and Inclusion Task Force Meets for First Time:

ASSP works to foster a culture that values diversity of its staff and members, and the Society aims to accelerate that progress. Differences of race, ethnicity, class, religion, age, gender, sexual orientation, nationality, ability and education should not only be accepted but widely celebrated. An organizational foundation built on diversity, equity and inclusion helps advance ASSP's mission of supporting members and ensuring safer workplaces. It also helps the Society maintain a multidimensional staff and membership reflective of the entire profession.

Over the past three months in a blind review process, ASSP considered more than 80 applications from members with a wide range of backgrounds and perspectives. Evaluations focused on the candidate's experience with driving organizational improvement in diversity, equity and inclusion; effective change management and communications; investigating issues with an open mind; and working in a collaborative environment.



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ASSP issued [a statement](#) in June calling for social change. ASSP has also created learning opportunities – such as a diversity and inclusion panel discussion at its virtual annual conference – to help safety professionals better understand how societal issues such as racism and systemic inequities impede career advancement, undermine workplace safety and disenfranchise workers.

The members of the task force, in addition to Co-Chairs Roy and McNelly:

- Kristin Amlie
- DeAundra Brabham
- Ryan Clayton
- Tiffany Felix
- William Geddings
- Bryce Griffler
- Kahlilah Guyah
- Krystle Hodge
- Massimo Navarretta
- Oscar Paredes
- Monique Parker
- Christine Waters



Programs & Events

Save the Date: Jan 26!

Title/Topic: Recognizing the Ever-Present Importance of H,
in EHS

Sponsorship: Sponsored by our ASSP LA Chapter

Type: Technical/Current

Date: January 26, 2021 | 12:00 PM - 1:00 PM PST

Speaker: Dr. Nic Patee, DPT, CEAS

CEU: N/A



Bio:

For as far back as I can remember, I have always been chasing a goal. Whether as a boy in scouts, a high school & collegiate baseball player or as an entrepreneur in healthcare. The past decade, my thoughts & efforts have been consumed with the utopian idea of changing healthcare to prioritize prevention over treatment.

As the CEO of Work Right NW, Inc. we have been afforded the opportunity to share our obsession with numerous Fortune 500 corporate partners. Because employers control the healthcare of their employees, I have spent my energy working to help human resources & workplace health and safety professionals better understand their potential at keeping their workforce healthy & safe. Hopefully our reputation precedes us, and you have heard of the work we have been doing!

Our success as an organization has afforded us greater influence over the years. I get to sit on a handful of boards and speak at many conferences. This is the stuff you would typically read on a professional bio, but what I am most proud of is the accomplishment of my boys. My wife Mindy & I are striving to raise two dynamite leaders who are capable of selflessly serving others, and on occasion I see glimpses that we may be achieving progress towards this goal. If you are board after the presentation, I would be proud to share some Dad stories with you. If you really want the professional details, feel free to check me out on [LinkedIn](#).



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Topic Description / Learning Objective

In these times of COVID-19 pandemic, health and prevention of illness are a very current topic for EHS professionals. Dr. Nic Patee, DPT, CEAS will bring to light various options available recognize the importance of the "H" in "EHS". Dr. Patee will show us:

- How the H in HSE will become increasingly important
- How to turn health into a strategic advantage in your company
- How to leverage healthcare providers to increase your HSE capabilities

Cost: Free

Registration: Website

...and so much more to come!

Link to Events Page: <https://la.assp.org/event/>



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JOB # 1: Cal/OSHA Field Inspectors **(Safety Engineers and Industrial** **Hygienists**

Cal/OSHA continues to hire field inspectors throughout California. There are many opportunities available for both Safety Engineers and Industrial Hygienists of various experience levels. These are field positions that conduct compliance inspections in many different settings and consult with employers on a wide range of health and safety issues.

Cal/OSHA inspectors help improve health and safety conditions in workplaces and make a positive difference in the lives of California workers.

Learn more about:

- [How to become a Cal/OSHA field inspector](#)
- [The application process](#)
- [Wage and benefits](#)
- [Current openings](#)

Have questions? Contact a Cal/OSHA recruiter at CalOSHAJobs@dir.ca.gov



JOB #2: Manager of Safety Security and Environment (West Coast)

Location : Ceres Terminals Incorporated Port Hueneme, CA

Reporting to the Vice President of Safety Security and Environment (SSE), the Manager of SSE for West Coast is responsible for overseeing the safety, environmental and security performance for assigned locations. This includes working with management to the recommend, develop implement and monitor all safety, environmental and security policies and procedures to ensure operational excellence.

Responsibilities:

The specific responsibilities for the position include but are not limited to:

- Lead safety vision and culture within the region.
- Responsible for developing and implementing safety procedures and programs to drive results within the region.
- Assist in reducing employee risk by planning and executing safety strategies. Promote a behavioral based safety environment.
- Feed data to support established key performance indicators.
- Plan, develop, implement and manage health and safety programs and performance in the workplace.
- Investigate all incidents to determine root cause and identify corrective actions to prevent re-occurrence.
- Develop Safety Alerts to share with the organization based upon incident investigations.
- Monitor performance against targets at the regional level.
- Maintain accident statistics, analyze trends for the region and propose and take remedial action where necessary.
- Facilitate all incidents and near-misses to be investigated, train employees on how to prepare report of findings, including recommendations to prevent recurrence and implement approved course of action.



- Partner collaboratively with business leaders in each location generating progressive cultural evolution and provide leadership in training our leaders in determining root cause analysis and corrective actions during investigations of safety incidents.
- Maintain a working knowledge of SSE-related regulatory requirements.
- Provide leadership and education for assigned locations in incident free culture and assume personal responsibility for safe work practices in all operations.
- Conduct safety, environmental awareness and security compliance training for staff at assigned locations, and overseeing local safety, security and environmental personnel (FSO's/etc.).
- Address and defend procedures and actions before OSHA inspectors or other state and federal government officials. Correspond with the authorities to reduce or eliminate fines for perceived violations.
- Responsible for providing detailed written reports on safety, environmental and security audits.
- Assist in the development and maintenance of the Business Continuity Plan (BCP) for assigned locations.
- Support Operations in all matters related to Safety, Security, and Environment.
- Works independently on a daily basis providing quality reports, analysis and policies in Safety.
- Daily interaction with managers, staff, and auditors. Periodic interaction with local emergency response groups and regulatory agencies.

Competencies

- Strong leadership and time management skills
- Strong interpersonal, presentation, verbal and written communication skills.
- Ability to balance and prioritize multiple projects.
- Ability to effectively present information to senior management.
- Ability to work with mathematical concepts such as probability and statistical inference.
- Able to maintain confidentiality in matters involving security and/or personnel issues.
- Excellent leadership, coaching, and mentoring skills.
- Detail oriented and able to multi-task in a fast-paced operational environment.



Education Requirements

- Bachelor's Degree, with a concentration in occupational safety, industrial hygiene or safety related field. Extensive experience will be considered in lieu of a degree.
- Certified Safety Professional (CSP) required.

Work Experience

- Minimum of five years of safety, security and environmental management in positions of responsibility, preferably in the marine and logistical environment or oil and gas.
- Must have been responsible for implementation, monitoring and evaluation of multi-site safety, security and environmental programs.
- Proven track record of driving cultural change in Safety.
- Familiarity with established maritime safety programs, as well as applicable ISO programs.
- Experience with the USCG conducting marine facility inspections.
- Familiarity with relevant CFR's.
- Proven experience and success in implementing and monitoring a multi-site Environmental Management Programs.
- Strong working knowledge of Hazardous Material Handling in a transportation and maritime environment.
- Knowledge of general computer applications (Office, Excel, Word, PowerPoint, Outlook, Access, etc.).

Working Conditions / ADA Requirements/Physical Requirements

- Regional overnight travel required.
- Position may occasionally require heavy work, occasionally exerting 50-75 pounds of force and operating in an outside environment often unprotected from elements. Significant standing, stooping, climbing, grasping, and reaching and visual acuity is required.
- Position may also require performance in an office environment, requiring visual and manual acuity in a controlled environment operating office equipment (computers, copiers, etc.).

Apply: <https://la.assp.org/2020/12/manager-of-safety-security-and-environment-west-coast/>



JOB #3: Safety Coordinator

The Safety Coordinator is responsible for planning, implementing and overseeing company's employee safety at work. Their main duty is to ensure that the company complies and adheres to Occupational Health and Safety Administration (OHSA) guidelines to reduce work-related injuries.

Essential Functions

- Walk the warehouse floor on regular basis to establish EH&S presence and provide support.
- Conduct weekly and monthly EH&S Meetings schedule as needed.
- Perform facility EH&S Inspections
- Suggests revisions to production methods and employee activity that does not meet health and safety codes.
- Trains employees in safety procedures
- Ability to evaluate PPE and ensure proper use and maintenance of PPE
- Ability to oversee Hazardous Waste Storage area and ensure regulatory agency compliance i.e. labeling, containment, proper disposal, documentation, etc.
- Assist in emergency response and provide first aid treatment
- Oversee Behavior Based / Observation Safety Programs.
- Review Job Hazard Analysis (JHA) as needed
- Follow Fall Protection program, inspect all fall protection equipment and maintain inspection records.
- Assist in administering and maintaining compliance programs such as LOTO, Hazard Communication, EAP, Hot Work, Respiratory, BBP, etc.
- Work in conjunction with Maintenance to ensure equipment is functioning properly and ensure defective equipment is put out of service.
- Support operations with lean manufacturing practices



Education & Experience Requirements

- OSHA 30 Certificate, CSP or ASP Certification, Diploma or Degree in EHS or Environmental Science from a recognized institute.
- 2+ years' experience with increasing responsibilities in a manufacturing, and distribution centers
- Forklift Train the trainer certified
- Must be First Aid/AED/CPR Certified.
- Capable of multitasking and working to demanding deadlines
- Able to make decisions and be a self-starter
- Knowledge of Occupational Health and Safety legislation and regulations Must have high school diploma

Knowledge & Skill Requirements

- Must have open availability (able to work all shifts)
- Must be proficient in the English language (speaking, Sec writing, and reading) Spanish a plus
- 2+ years of high-end security/corporate security experience preferred; Warehouse security experience highly preferred
- Must have knowledge of OSHA
- Knowledge of NFPA , Fire Pumps, and Fire systems preferred
- Must be professional, punctual, and possess strong communications skills.
- Must be willing to work overtime and special events when necessary
- Must be able to pass Criminal Background Check

To learn more, please contact Kim Herrera at

Kim.Herrera@fashionnova.com or visit

https://www.fashionnova.com/pages/careers?gh_jid=2445297



Chapter News:

We are so excited to introduce to you our [ASSP Los Angeles Chapter Board](#) for 2020 - 2021! We have some great [events](#) planned for the coming months, follow us to make sure you stay informed!

We also want to meet the other ASSP Boards virtual! Officially challenging you to create your own #MeetTheBoard video!

<https://www.linkedin.com/feed/update/urn:li:activity:6697553337287622656/>

Nominations and Elections Committee Notification

In accordance with our Chapter Bylaws the Los Angeles Chapter Nominations and Elections Committee for Chapter Year 2021-2022 has been appointed.

The newly appointed Nominations and Elections Committee will oversee the election of our 2021-2022 Chapter/Section Executive Committee. Names are as follows:

- Dolores Salman – Committee Chair
- Jerome Rogers – Committee Member
- TJ Singh – Committee Member

Anyone interested in running for an Executive Committee position or to express interest in a non-elected position should email the Chapter Nominations and Elections Committee Chair, Dolores Salman, at del1@la.assp.org

Society News:

[Revised Standard Improves Safety of Construction and Demolition Workers](#)

Dec 02, 2020

A newly revised ANSI/ASSP standard helps employers keep construction workers safe by describing best practices they can implement to take safety programs to the next level in a shared construction or demolition project.



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[ASSP Appoints Members of DEI Task Force](#)

Nov 18, 2020

ASSP is now accepting nominations for various leadership positions in the 2021 Society elections.

[ASSP's COVID-19 Resources Help Workers Return to Jobsites](#)

Aug 01, 2020

ASSP has formed a board-level task force to improve diversity, equity and inclusion within the Society and throughout the occupational safety and health profession. The 14-member advisory group gathered for the first time on Nov. 18.

[ASSP Enhances Its Popular Safety Podcast](#)

Nov 16, 2020

ASSP has posted the 50th episode of its popular safety podcast series, which has been renamed and enhanced to include a broader range of OSH topics. In its November installment, "The Case for Safety" discusses key workplace factors that can lead to suicide.

[Virtual Event Series Spotlights Human and Organizational Performance](#)

Nov 09, 2020

OSH professionals have upcoming opportunities to expand their industry knowledge and learn strategies to better protect workers. The immersive education events are part of a series of virtual events designed for safety professionals to stay current on best practices.

[ASSP and NECA Collaborate on Improving Worker Safety](#)

Nov 02, 2020

ASSP and the National Electrical Contractors Association have signed a three-year memorandum of understanding that brings the organizations together to advance workplace safety and health in the electrical construction industry.

Resources:

- [ASSP Fact Sheet](#)
- [Safety Legislation News](#)
- [Safety Standards](#)
- [Board Photos and Bios](#)
- [ASSP President's Blog](#)



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Updates & Government Affairs

5 Tips From OSHA for Protecting Your Workers During the Holidays

With year-end holidays upon us, OSHA is reminding employers to take some simple steps to keep workers stay safe and healthy, especially given the unrelenting COVID-19 pandemic. The agency's [new video](#) highlights five steps your organization can take this holiday season to keep your workers and the public safe.

1. Train workers on safe practices.
2. Maintain physical distancing between workers and customers.
3. Encourage workers to stay home if they are sick.
4. Clean and disinfect work surfaces and equipment.
5. Encourage workers to report any safety and health concerns.

Taking each step can help protect workers and help them avoid hazards. Visit OSHA's [COVID-19 webpage](#) to find more resources for addressing the virus in the workplace.

4 OSHA Issues to Follow in Early 2021

It would be fascinating to travel into the future and see what history will say about 2020. As the year closes out, we all have experienced life-altering events that will be forever etched in our memories. Time will determine the impact of these events, but certainly "new normals" have and will be formed. Virtually every facet of our lives has changed – socially, financially and professionally.

The same is true of occupational safety and health (OSH) professionals. Throughout our careers, we have used our education and skills to help workers return safely to their families at the end of their workday. During COVID-19, many of us are using technology to perform those tasks from afar. We have had to learn new skills and alter our behaviors. We have all been challenged in new ways.



OSHA has been similarly impacted by the pandemic. Agency personnel have coped with COVID-19 while also working to help employers address hazards arising in essential industries. Like ASSP, during the pandemic, OSHA has had to reflect on how best to pursue its mission in the face of adversity and make many operational adjustments to meet that challenge.

As of this writing, a new administration will be in place in January 2021 and it will likely have a much different approach to OSH. As a result, the agency will be expected to quickly transition to a new operating philosophy.

Here's a look at four key issues facing OSHA in early 2021:

1. Agency Leadership
2. Regulatory Enforcement
3. Federal Safety Regulations
4. Potential Developments



Uh oh! Too much coal in the Chimney?

With fires burning around California, we want to remind you to check the CalOSHA standard for "Protection from wildfire smoke"

(Cal/OSHA Title 8 CCR 5141 covers protection from wildfire smokes.
https://www.dir.ca.gov/title8/5141_1.html)



Here is the link to FAQ on N95 and wildfire smokes:

https://www.dir.ca.gov/dosh/dosh_publications/N95-mask-questions.pdf

Full article:

<https://la.assp.org/encounters-news/wildfire-smoke-respiratory-protection/>

OSHA Updates Site-Specific Inspection Program

OSHA is updating its [site-specific targeting \(sst\) directive](#), which directs agency resources to establishments with the highest rates of injuries and illness. The SST directive is the agency's primary targeting program for non-construction establishments with 20 or more employees. Under the program, OSHA selects establishments for inspection based on injury and illness data employers submitted on Form 300A for calendar years 2017-19.

The new directive replaces Site-Specific Targeting 2016, and includes the following changes:

- A new target category for establishments reporting consistent injury and illness rates over the three-year data collection period.
- It allows for records-only inspections when an inspector determines that incorrect data led to an establishment's inclusion in the program. This will ensure OSHA conducts full inspections only when an employer truly has elevated incidents of injury and illness.

Along with the SST directive, OSHA also administers [national and local emphasis programs](#) to target high-risk hazards and industries.

Related Links:

- [4 OSHA Issues to Follow in Early 2021](#) (Article)
- [OSHA Seeking Nominations for Advisory Committee on Construction Safety and Health](#) (Article)
- [OSHA Issues Guidance on COVID-19 Related Inspections](#) (Article)

About the Safety Industry Salary Survey:

Published every two to three years – in collaboration with [Board of Certified Safety Professionals](#) – the industry salary survey assesses the compensation trends of approximately 10,000 occupational safety and health (OSH) professionals. You can use this information to maximize your earning potential by:



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- Correlating salary with experience, education and credentials so you can calculate your potential salary and gain insight on how to earn a higher salary
- Offering you a tool to share with your company leaders to prove your value, as well as highlight the importance of the safety profession and its role within any organization.

[Read our press release](#)

[Download the 2018 salary survey](#)

How Safety Professionals Can Earn Higher Pay

The salary survey consistently shows that occupational safety and health (OSH) professionals have higher earning potential not only if they have obtained a bachelor's degree or higher, but also have obtained one or more of the following certifications from other highly regarded OSH organizations:

- CSP or other [BCSP certifications](#)
- [CIH](#)
- CHMM or other IHMM certifications

While ASSP does not certify safety professionals with the above credentials, we offer top-quality [certification preparation courses](#) to help you pass the exams. Plus, you can use our numerous [continuing education offerings](#) to earn the credits you need to maintain your certifications.

[Prepare for your exam](#)

Interactive Salary Calculator

Populate the interactive salary calculator with your own personal data, like any OSH certifications you've obtained, your education level, years of experience, geographical location, employer size and more, to calculate your potential salary based on broader survey data.

[Calculate your potential earnings](#)



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About ASSP & Common Interest Groups:

ASSP is a global association for occupational safety and health professionals. For more than 100 years, we have provided education, standards development, advocacy and a professional community to support the advancement of our members and the profession as a whole. Our members are dedicated to creating safe work environments by preventing workplace fatalities, injuries and illnesses. Sound safety practices are both socially responsible and good business, leading to increase productivity, a better reputation and higher employee satisfaction.

ASSP publishes [Professional Safety Journal](#): a flagship monthly journal and top member benefit covering the latest safety management and injury prevention trends.

Our more than 37,000 members are dedicated to making their workplaces safer and healthier, and the Bakersfield Chapter shares in their commitment.

ASSP members create safer work environments by preventing workplace fatalities, injuries and illnesses. Safer organizations enjoy increased productivity, higher employee satisfaction, and a better reputation while recording less lost time, and lower workers' compensation and healthcare costs.

ASSP produces a podcast now – Safety Standards and Tech Pubs Podcast will help you stay up to speed on the latest in industry consensus safety standards and technical publications.

Common Interest Groups:

For more informative news and helpful webinars, check out the ASSP website for membership opportunities. Common Interest Groups feature an even more in-depth connection with like-minded individuals in your area. Some featured programs are: Blacks in Safety Excellence, Women in Safety Excellence, and Hispanic Safety Professionals.



Specifically, regarding the HSP, the Hispanic Safety Professionals offer mentorship programs, workshops, and (virtual) social events for members of the community.

If you are interested in expanding your professional network of peers, look no further and see what we have to offer:

<https://www.assp.org/membership/communities/common-interest-groups/hispanic-safety-professionals>

If you are in the Greater Los Angeles area and interested in joining the Hispanic Safety Professionals community, please reach out:

Massimo.Navarretta@shirleyparsons.com

Practice Specialty Groups:

Take an Ergo Break -- You've probably been sitting this whole time!

- <https://vimeo.com/431427532/de8ce8cb15>
- <https://vimeo.com/431427587/b41d28521f>
- <https://vimeo.com/431426448/1a52548037>
- <https://vimeo.com/430861068/98c996fc9f>
- <https://vimeo.com/430861116/e4b2eafb77>
- <https://vimeo.com/430861177/0966808690>



Resources from our Ergonomics Group: Some fun videos above and webinars below:

(<https://la.assp.org/encounters-news/ergonomics-resources/>)

Webinar (Free and Available) COVID-19: Ergonomics During and After the Pandemic – ErgoPS to discuss via Zoom in a chapter meeting

<https://www.assp.org/resources/covid-19/webinars/covid-19-ergonomics-during-and-after-the-pandemic>

Webinar (Free and Available) Ergonomics is a Health and Safety Issue and Other Common Myths – ErgoPS to discuss via Zoom in a chapter meeting

<https://vimeo.com/367336115/42296671b3>

Read Article and Listen to Included Podcast – Three Ergonomics Tips to Improve Your Home Office - - ErgoPS to discuss via Zoom in a chapter meeting

<https://www.assp.org/news-and-articles/2020/07/23/three-ergonomics-tip-to-improve-your-home-office>



In case you missed it: ASSP Practice Specialties Host December Webinars

ASSP's practice specialties and common interest groups regularly host webinars, which are open to all ASSP members and nonmembers. The goal is to provide educational discussions for participants, as well as to share the benefits of these networking groups.

The following webinars are slated for December 2020:

- Our [Engineering](#) and [Industrial Hygiene](#) practice specialties will host a webinar titled "[Ventilation Engineering Controls for Reducing Exposure to COVID-19 Respiratory Droplets in Indoor Work Environments](#)," on Tuesday, Dec. 8 at 1 p.m. CT. Participants will learn how HVAC systems can mitigate the transmission of respiratory droplets as employees return to the workplace during the COVID-19 pandemic.
- Our [Risk Management Practice Specialty](#) will host a webinar titled "[Risks Often Overlooked by the Safety Department](#)," on Wednesday, Dec. 9 at 11 a.m. CT. Members can learn what safety risks employers often overlook and what steps can be taken to develop a robust safety program.
- Our [Training and Communications Practice Specialty](#) will host a webinar titled "[Aligning Safety Training With ANSI/ASSP Z490](#)," on Wednesday, Dec. 16 at 1 p.m. CT. Participants will receive an overview of the standard, hear updates from the standard committee and be able to share experiences.

For questions about practice specialties, contact [Char Haguewood](#), ASSP's manager, practice specialties, at (847) 768-3436. For questions about common interest groups, contact [Ashleigh Brookshaw](#), ASSP's manager, community engagement, at (847) 768-3441.



Coming This New Year:

Mentorship Programs – If you or a loved one would be interested in becoming involved with the ASSP LA Chapter at a mentor/mentee level, please look over the information below:

(<https://www.assp.org/membership/communities/mentoring>)

Through mentoring, safety professionals can establish helpful relationships that enable both participants to learn, develop new skills, and grow professionally and personally.

The Value of Mentorship Programs – Whether you are looking for a formal or informal mentoring relationship, ASSP helps connect you to vast community of great people who can help you better navigate the safety profession and solidify your career path while forming lifelong friendships that can help you grow personally and professionally.

Deadline Extended for ASSP Foundation Scholarships & Grants

The deadline for applications for ASSP Foundation academic scholarships and professional education grants has been extended to Jan. 1, 2021. More than \$320,000 in awards is available to OSH students and professionals thanks to the generosity of corporate donors and the ASSP community. [Apply here](#).

HAPPY 2021!



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